

SQUARE DANCE MOVES

BASIC PROGRAM—PART 1

- ☐ 1. Circle Left / Circle Right
- ☐ 2. Forward and Back
- ☐ 3. Dosado / Dosado to a Wave
- ☐ 4. Swing
 - 5. Promenade Family
 - ☐ A. Couples (Full, 1/2, 3/4)
 - ☐ B. Single File Promenade
 - ☐ C. Wrong Way Promenade
 - ☐ D. Star Promenade
- ☐ 6. Allemande Left
- ☐ 7. Arm Turns
- ☐ 8. Right and Left Grand Family
 - ☐ A. Right and Left Grand
 - ☐ B. Weave the Ring
 - ☐ C. Wrong Way Grand
- ☐ 9. Left hand Star/ Right Hand Star
- ☐ 10. Pass Thru
- 11. Half Sashay Family
 - ☐ A. Half Sashay
 - ☐ B. Roll away
 - ☐ C. Ladies in, Men Sashay
- 12. Turn Back Family
 - ☐ A. U-Turn Back
 - ☐ B. Backtrack
- 13. Separate
 - ☐ A. Around 1 or 2 to a Line
 - ☐ B. Around 1 or 2 come to the middle
- ☐ 14. Split Two
- ☐ 15. Courtesy Turn
- 16. Ladies Chain Family
 - ☐ A. Two Ladies Chain (Reg & 3/4)
 - ☐ B. Four Ladies Chain (Reg & 3/4)
 - ☐ C. Chain Down The Line
- ☐ 17. Do Paso
- ☐ 18. Lead Right / Lead Left
- ☐ 19. Veer Left / Veer Right
- ☐ 20. Bend the Line
- 21. Circulate Family
 - ☐ A. (Named Dancers) Circulate
 - ☐ B. Couples Circulate
 - ☐ C. All Eight Circulate
 - ☐ D. Single File Circulate
 - ☐ E. Split / Box Circulate
- ☐ 22. Right and Left Thru
- ☐ 23. Grand Square
- ☐ 24. Star Thru
- ☐ 25. Double Pass Thru
- ☐ 26. First Couple go Left/Right
Next couple go Left/Right
- ☐ 27. California Twirl
- ☐ 28. Walk Around the Corner
- ☐ 29. See Saw

- ☐ 30. Square Thru (1,2,3,4)/Left Square Thru
- ☐ 31. Circle To a Line
- ☐ 32. Dive Thru

BASIC PROGRAM—PART 2

- ☐ 33. Wheel Around / Reverse Wheel Around
- ☐ 34. Box the Gnat
- 35. Trade Family
 - ☐ A. Trade
 - ☐ B. Partner Trade
 - ☐ C. Couples Trade
- 36. Ocean Wave Family
 - ☐ A. Step To a Wave
 - ☐ B. Balance
- ☐ 37. Alamo Style
- ☐ 38. Swing Thru / Left Swing Thru
- ☐ 39. Run / Cross Run
- ☐ 40. Pass The Ocean
- ☐ 41. Extend
- ☐ 42. Wheel and Deal
- ☐ 43. Zoom
- ☐ 44. Flutterwheel / Reverse Flutterwheel
- ☐ 45. Sweep a Quarter
- ☐ 46. Trade By
- ☐ 47. Touch a Quarter (1/4)
- ☐ 48. Ferris Wheel

MAINSTREAM PROGRAM

- ☐ 1. Cloverleaf
- ☐ 2. Turn Thru
- ☐ 3. Eight Chain Thru / 1,2,3, etc
- ☐ 4. Pass to the Center
- 5. Thar Family
 - ☐ A. Allemande Thar
 - ☐ B. Allemande Left to a Thar
 - ☐ C. Wrong Way Thar
- ☐ 6. Slip The Clutch
- ☐ 7. Shoot the Star
- ☐ 8. Single Hinge / Couples Hinge
- ☐ 9. Centers in
- ☐ 10. Cast off 3/4
- ☐ 11. Spin the Top
- ☐ 12. Walk and Dodge
- ☐ 13. Slide Thru
- ☐ 14. Fold / Cross Fold
- ☐ 15. Dixie Style to an Ocean Wave
- ☐ 16. Spin Chain thru
- 17. Tag the Line Family
 - ☐ A. Tag In /Out /Left /Right
 - ☐ B. Fraction Tag (1/2, 1/2, 3/4)
- ☐ 18. Scoot Back
- ☐ 19. Recycle